

FRANCESCA L. WILKINS MS, CHES®

Department of Health Education and Behavior
College of Health and Human Performance
University of Florida
fwilkins@ufl.edu

EDUCATION

MS Health Education and Behavior August 2021
University of Florida, Gainesville FL
CHES® received

BS Health Education May 2020
University of Florida, Gainesville FL
Summa Cum Laude
Honor's Thesis: Climate Change in College Students: Knowledge, Attitudes, and Associated Environmental Behavior

PROFESSIONAL EXPERIENCE

Health Pro Consultant January 2022 - July 2023
Alight Solutions - Dallas, TX
Senior Track

Health Education Intern January 2020 - May 2021
APEX Wellness Center - Dallas, TX

RESEARCH EXPERIENCE

Undergraduate Research Independent Study June 2019 - May 2020
Honor's Thesis: Climate Change in College Students: Knowledge, Attitudes, and Associated Environmental Behavior
Chair: Dr. Ashlee Hoffman-Ossiboff; Committee Member: Dr. Megan McVay

TEACHING EXPERIENCE

Supervised Teaching Assistant Spring 2021
University of Florida
HSC3201: Community and Environmental Health
Supervisor: Dr. Amber Emanuel
Served as student liaison to support facilitation of community and environmental health classes. Created SMART objectives, developed lesson plans, PowerPoint and lecture recordings for school health module. Graded materials and provided student feedback to promote understanding of lecture material.

RESEARCH INTERESTS

Climate Change and Health Related Behaviors
Physical Activity and Weight Management
Plant-Based Nutrition
Health Disparities
Preventive and Holistic Healthcare
Emotional and Mental Health Education

ADDITIONAL ACTIVITIES

CHES Exam Pass Point Committee Member 2022
National Commission for Health Education Credentialing, Inc.
Served as a liaison to review the newest CHES® exam and apply various methodologies to determine the appropriate pass point for the national CHES® exam.

HONORS AND AWARDS

McKnight Doctoral Fellow 2023
Top Health Pro Consultant 2023
Health Pro Top Net Promoter Score 2022 - 2023
Alight Solutions Senior Track Entry 2022
Summa Cum Laude 2020
President's Honor Roll, University of Florida August 2019 - May 2020
Dean's List, University of Florida August 2017 - August 2019

PROFESSIONAL CERTIFICATIONS

Consulting Client Owner 2022
Certified Health Education Specialist (CHES®) 2021
IRB and Good Clinical Practice Training 2021
Motivational Interviewing Training 2021
Basic Life Support and AED 2012