

Leah Richard

Medfield, MA | 508.942.6192 | leahrichard@ufl.edu

EDUCATION

University of Florida, Gainesville, FL - College of Liberal Arts and Sciences.
Bachelor of Science in Biology, Pre-Professional

Class of 2024
GPA: 3.89

PROFESSIONAL EXPERIENCE

UF Health Shands Hospital

June 2023 – Present

Part Time Patient Care Assistant

Gainesville, FL

- Assisted patients with daily activities such as bathing, grooming, dressing, and toileting, ensuring their comfort and dignity at all times
- Monitored vital signs, including blood pressure, pulse, and temperature, and promptly reported any abnormalities to the nursing staff
- Collaborated with nurses and physicians to provide comprehensive patient care, communicated changes in patient condition, and followed care plans effectively
- Ensured cleanliness and organization of patient rooms, maintaining a sterile environment and reducing the risk of infections
- Responded to patient calls and requests promptly, demonstrating a compassionate and attentive approach to patient needs

Alletess Medical Laboratory

May 2022 – August 2022

Marketing Intern

Rockland, MA

CLIA-certified medical laboratory and leading force in the field of allergy and immunology testing since 1980

- Project manager for AML nutrition services and cooperative marketing strategist
- Developed and supervised Alletess' wellness and nutrition resources
- Lead weekly nutrition services meetings with all company departments
- Implemented a new EMR system for registered dietitians to provide services via telehealth
- Collaborated with marketing team to strategize cooperative marketing plans across multiple social media platforms

Caretaker

September 2016 – August 2021

Babysitter, Nanny, and Tutor

Medfield, Dover, Westwood, MA

Cared for and educated children over weekends, breaks, and summers

- Provided full-time care for families with multiple children, specialized in creating educational activities while advancing problem solving and multitasking skills
- Tutored and assisted children ages 5-16 for subjects such as math, science, reading, and art

LEADERSHIP AND COMMUNITY SERVICE

Alachua County Crisis Center

June 2023– Present

Crisis Center Phone Volunteer

Gainesville, FL

- Completed 70+ hours of in-depth training in active listening, crisis intervention, and suicide prevention
- Answered incoming calls to the crisis hotline, providing a safe and non-judgmental space for callers to express their feelings and concerns
- Demonstrated active listening skills to understand callers' situations, emotions, and needs, building rapport and trust
- Conducted crisis interventions by assessing the level of urgency, offering emotional support, and collaboratively developing coping strategies
- Effectively assessed the risk of self-harm or harm to others, following established protocols to ensure the safety of the caller and involving appropriate resources as needed
- Collaborated with fellow volunteers and professional staff to ensure a seamless and supportive environment for callers
- Provided referrals to local mental health services, shelters, medical professionals, and other relevant resources based on callers' needs

General Chemistry 1 and General Chemistry 2

January 2023 – Present

Teaching Assistant for Dr. Martina Sumner

Gainesville, FL

- Lead two discussion periods a week for General Chemistry 1 and 2 students at UF
- Facilitated one on one learning with students for the new material introduced each week
- Prepared teaching materials for students for every discussion session
- Continued to TA over the entire summer

Pre-Professional Service Organization at the University of Florida

September 2021 – May 2023

Member

Gainesville, FL

- Engaged in monthly organization-led service operations to improve the Gainesville community and environment
- Served over fifteen community service hours per semester
- Attended monthly general body meetings to foster connections between pre-health peers and progress skills to aid in the pre-medical track process

Dance Marathon at the University of Florida

September 2021 – April 2022

Emerging Leader

Gainesville, FL

- Cultivated leadership skills by providing hands on activities and education about Dance Marathon at the University of Florida and the Children's Miracle Network
- Attended weekly meetings and monthly general body meetings to help engage students and people outside of the University in the fight for a future without childhood illness
- Raised over 1.5K for UF Health Shands hospital

Health Education Literacy Organization at the University of Florida

September 2020 – May 2021

Literacy Team Member

Gainesville, FL

- Promoted health literacy in local and national communities by improving access to health information and revising medical documents for low literacy accessibility
- Participated in monthly general body meetings and health literacy projects

New Life Furniture Bank of MA
Volunteer

September 2016 – May 2020
Walpole, MA

- Refurbished and distributed donated furniture to provide for families in need

SHADOWING EXPERIENCE

Dr. Timothy Martin- Professor and Chief of Pediatric Anesthesiology at University of Florida Health **April 2023**

- Observed various medical procedures at the UF Health Shands Hospital over a 12 hour period
- Actively followed the operations of Anesthesia during and after patient procedures
- Learned about the responsibilities of Nurse Anesthetists and Anesthesiology Assistants in the operating room

Dr. Sandra Gonzalez- Assistant Professor and Medical Director of Pediatric Anesthesiology at the University of Florida Health **March 2023**

- Watched outpatient procedures at the UF Health Children’s Surgical Center over a 12 hour period
- Observed the flow of patient care operations from pre-operative, operative, and post-operative facilities
- Gained a greater understanding of the documentation and medical recording of patient operations

Dr. Jonathan N. Cates- Assistant Professor of Anesthesiology Division of Adult Critical Care at University of Florida Health **March 2023**

- Observed outpatient procedures at the UF Health Surgical Center over a 12 hour period
- Learned pre-operative and post-operative measures for adult Anesthetic care

Dr. Timothy Martin- Professor and Chief of Pediatric Anesthesiology at University of Florida Health **February 2023**

- Observed outpatient procedures at the UF Health Children’s Surgical Center over a 12 hour period
- Actively asked questions and learned about the operations of Anesthesia involved in pediatric care
- Watched pre-operative patient interactions and post-operative care procedures

ADDITIONAL INFORMATION

Awards: University of Florida College of Liberal Arts and Sciences Deans List Member

Fall 2020 – Present

Skills and Certifications: Certified in suicide prevention and trained suicide hotline phone worker, Certified Nursing Assistant in the state of Florida, BLS certified, Over 2 years of Chemistry and Biology laboratory experience, Chinese (beginner), Tennis and Volleyball athlete